Maya Montessori Food Allergy & Emergency Action Plan

Child’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Allergy Information

* List all known food allergies:
* What happens if your child is exposed to this allergen? (Check all that apply):  
  ☐ Rash/hives  
  ☐ Swelling (face, lips, eyes, throat)  
  ☐ Difficulty breathing  
  ☐ Vomiting  
  ☐ Other (please describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Emergency Medications (if applicable)

* Does your child require an EpiPen or emergency medication?  
  ☐ Yes ☐ No
* Medication Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Location of Medication (at daycare): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Instructions for use (dosage, timing, etc.):

## Emergency Action Steps

If my child shows signs of an allergic reaction, I authorize the staff at Maya Montessori to:

* Administer EpiPen or other emergency medication if prescribed.
* Call 911 immediately if symptoms are severe (breathing difficulty, swelling, anaphylaxis).
* Contact the parent/guardian after emergency services have been called.
* Notify the emergency contact if the parent/guardian cannot be reached.

## Parent/Guardian Authorization

By signing below, I confirm that the information provided is accurate.  
I give permission for emergency action to be taken as outlined above if my child is exposed to an allergen.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_